## **GRAFIX® LESSON PLAN** SFRIFS

Lesson 17: Mixed Media Art Journaling with Stencil and Masking Film. Created by Lisa Thorpe.





# **Tulips**

Mixed Media Art Journaling is more than a sketchbook; it's a way to experiment with techniques, materials, explore visual ideas and themes. All bound in a wonderful portable record of a mixed media journey. Use an old art textbook with the pages lightly gessoed so the words just barely show or a traditional mixed media art journal. Using the latter has thicker pages that can stand wet and dry mediums.

**Mixed Media Art Journaling** 

with Stencil and Masking Film

## **OBJECTIVES**

Create an ongoing mixed media art journal that documents techniques, ideas and interests translated into a visual form through the use of multiple mediums; including the use of photographs as a muse.

## For grade levels 8-12.

Instructions and materials are based upon a class size of 20–30 students. Adjust as needed.

## MATERIALS

- Art journal
- Computer Grafix Clear Adhesive Backed Ink Jet sheet  $-8.5" \times 11"$  (cut into quarter sheet)
- Grafix Artist-tac 8.5" x 11"
- Grafix Matte Frisket Film
- Scissors
- Spray paint
- Washi tape
- Black and white photocopy of image
- Pattern stencil
- Rubber stamp letters



#### **Grafix Artist-tac**

Two protective liner sheets pull apart to expose double sided micro adhesive dots.

### **Grafix Frisket Film**

A self-adhering film with a removable adhesive that leaves no residue. This durable film will allow clean cuts and reusable masking.

#### Computer Grafix Clear Film

These Ink Jet/Laser computer printable films are acid free and safe for archival use.



















STEP 2



STEP 3



STEP 5



STEP 7

## **DIRECTIONS**

- 1. This journal page uses a photo of tulips printed on Computer Grafix and a black and white copy on paper of the same image.
- 2. Start by spray-painting the journal pages with a light dusting in pale blue. Tip: When using spray paint always work outside or in a well ventilated space.
- 3. Add more interest to the pages by adhering a phone book page to the left side using Artist-tac adhesive. This product creates a strong bond even over the gesso and spray paint.
- 4. Create a silhouette of a tulip by drawing on Grafix Frisket Film with permanent marker and cut it out with scissors (make sure you save both the negative and positive images to use).
- 5. Lightly tack down the Frisket tulip over the phone book paper and sprayed with red paint then gently remove the Frisket mask.
- **6**. Cut printed image of tulips on Computer Grafix in half, remove backing and gently press one half to each page.
- 7. Using Artist-tac adhere portions of the black and white photocopy to provide contrast.
- 8. To bring more of the red to the right hand page use the outside of the tulip mask cut from the Frisket Film to spray paint a red tulip on the right creating a negative and positive of the image.
- 9. Finally add some rubber stamped words, outline stenciled images and a bit of washi tape embellishment.





STEP 8

STEP 9

## **NEW ART STANDARDS - ARTISTIC PROCESSES:**

Creating: Conceiving and developing new artistic ideas or work.

Presenting: Interpreting and sharing artistic work.

Responding: Understanding and evaluating how the arts convey meaning.