

# Grafix Opaque White Craft Plastic Mini Art Journal

Designed by: Tania Ahmed

Make your own mini version of an art journal using Grafix Opaque White Craft Plastic Film and Artist Series Shrink Film.

## Supplies:

Grafix Opaque White Craft Plastic Film  
Grafix Artist Series Shrink Film – Marlene-van Niekerk Assortment  
Paper doily  
Paper with book text  
Circle Paper Punch  
Permanent markers  
Scissors  
Stencils or Masks  
99% Isopropyl Alcohol  
Makeup Sponge  
Heat Tool  
Alcohol Inks  
Bookbinding thread  
Bookbinding Needle  
Awl or pokey tool (optional)  
Scoreboard plus Bone folder



## Directions:

1. Start by trimming Grafix Opaque White Craft Plastic Film into four 4" x 6" pieces.
2. Then, drip different colors of alcohol ink onto the Opaque White Craft Plastic panels and let dry completely. (Use heat tool if necessary).
3. Repeat step 2 to cover the other sides of the Opaque White Craft Plastic panels.
4. Place stencils over the alcohol inked Opaque White Craft Plastic and "lift" some of the ink through the stencil by dabbing a sponge with a small amount of alcohol solution on it. This will leave a "ghost print" of the stencil.
5. Once Opaque White Craft Plastic is completely dried, score at halfway point (3") on the sheet and firmly fold in half using a bone folder.
6. Mark and poke three evenly spaced holes into the spine of the journal with an awl or a bookbinding needle.
7. Use the bookbinding thread and needle to start sewing through the central hole of the spine.
8. Continue threading through the rest of the holes. Securely tie the loose ends of the string with a double knot and trim the excess.
9. For the cover, cut out and color a butterfly design from the Grafix Artist Series Shrink Film with permanent markers.
10. Use a heat tool to shrink film.



Your Source for Creative Plastic Films

[www.grafixarts.com](http://www.grafixarts.com)  
[marketing@grafixarts.com](mailto:marketing@grafixarts.com)

# Grafix Opaque White Craft Plastic Mini Art Journal

Designed by: Tania Ahmed

11. Use a paper punch to create a circle with book text.

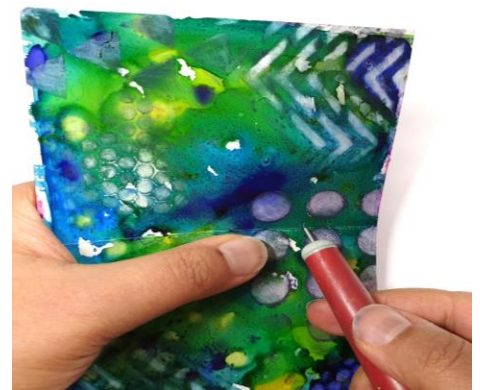
12. To finish, glue paper doily book text circle and Artist Series Shrink Film butterfly to the front of the journal.



Step 2



Step 4



Step 6



Step 7



Step 9



Step 10



Step 12



Your Source for Creative Plastic Films

[www.grafixarts.com](http://www.grafixarts.com)  
[marketing@grafixarts.com](mailto:marketing@grafixarts.com)