

Journal Cover with Liquid Frisket

Designed by: Denise McMahon of West Meadow Creative

Create a mixed media journal cover using alcohol inks and watercolor!

Supplies:

- **Grafix Incredible Frisket Kit (Incredible White Mask Liquid Frisket, Incredible Nib, Rubber Cement Pick Up)**
- **Grafix Double Tack Mounting Film**
- **Grafix Mixed Media Journal with Opaque Craft Plastic**
- **Previously made watercolor artwork (or anything else that you've created)**
- **Exacto knife**
- **Self-healing mat (or thick cardboard)**
- **Kamar varnish**
- **UV Protection Glossy**



Directions:

1. Grab your Incredible Frisket kit, some water and a paper towel.
2. Use the Incredible Nib and Frisket to lay down the masking for your design on the cover page of your mixed media journal (sketched out lightly with a pencil beforehand if needed).
3. Wait for it to fully dry before moving on. The frisket should look translucent and no longer opaque/white.
4. Add your alcohol ink colors to the page.
5. Once dry, use your Rubber Cement Pick Up to remove the frisket.
6. Seal your cover page with 1-2 layers of kamar varnish and UV protection.
7. Grab your watercolor artwork and use an exacto knife to cut out the design for your journal cover.
8. Use Double Tack Mounting Film strips to adhere your watercolor cut-outs onto the cover.
9. Stick it into your journal and start creating!
10. This journal is great for playing with ink combinations, testing how one ink color behaves, experimenting with mixed media ideas, etc.



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www.grafixarts.com
marketing@grafixarts.com

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